

TRAVEL PACKING LIST

For babies 0-12 months

CARRY-ON (Flight + Airport Survival Only)

All of the baby's carry-on items should fit in the diaper bag. Pack only the essentials so it's easy to find what you need.

Feeding

- 2 bottles (enough for flight + buffer)
- Formula or snacks in a stackable container
- Sippy cup for water (6 mo+)
- Cheerios / Serenity grain-free puffs stored in snack container
- Favorite snack bar, puree pouch, and teether crisps
- 2 bibs + 2 burp cloths (the rest go in the suitcase)
- Lightweight cover (breastfeeding moms)

Diapering

- 5 Diapers (flight + delays)
- Wipes
- Diaper cream
- Changing kit
- Dog-waste bags (for dirty diapers or clothes)

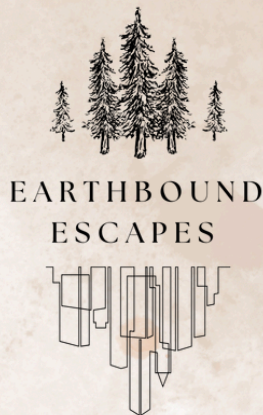
Entertainment

- Felt Busy board
- Spinner and or shaker/rattle
- Teether
- Flight-themed board book

✨ In Mom's carry-on pack: rectal thermometer, Motrin, Tylenol, and Benadryl. Make sure to have a dosing chart from the pediatrician accessible.

Comfort & Logistics

- The Doona (check at gate or strap into seat if baby has their own seat)
- Doona strap-on storage & travel bag (storage pouch & stroller will be stored in travel bag)
- Stroller organizer
- Diaper bag
- Baby carrier (solly baby wrap and/or Mabē Monarch Ergonomic Baby Carrier)
- 1 set of PJs & 1 extra outfit (blowout insurance)
- 2 Pacifiers + clip (even if rarely used, it's great for pressure changes)



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CHECK-IN LUGGAGE (The Rest of the Trip)

Items will vary depending on the season you are traveling, the duration of the trip, and the age of your baby.

Feeding & Cleaning

- Remaining bottles
- Bottle cleaner travel kit
- Formula backup (if specific about brand)
- Additional bibs
- Disposable placemats
- Medela hand pump + storage bags (breastfeeding moms)



Baby Clothing

- Daily Wear (1 outfit per day)
- Onesie/ PJs (1 per day + 2 extras)
- Socks (1 pair per day+ 2 extra)
- Sleep sacks (Before flipping over | After flipping over)

✨ Consider accommodations with laundry service to reduce clothing needed.

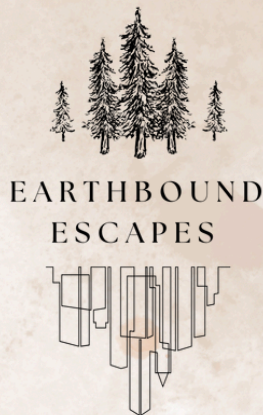
Gear & Sleep Setup

- Pack-and-play (try to arrange crib or cot with hotel ahead of time)
- Nanit (baby monitor)
- Nanit travel kit
- White noise machine
- Crib sheet

Bathing, Diapering & Healthcare

- Travel Noodle & Boo bathing + cream kit
- Saline spray + nasal aspirator
- Nail clippers or nail buffer
- Toothbrush + toothpaste
- Diapers (if specific about brand)
- Wipes (if specific about brand)

✨ **Pro Tip:** Research supermarkets near your accommodations or along your route ahead of time. Plan to purchase diapers, wipes, formula, and other bulky essentials upon arrival. If you're particular about brands and don't mind the added expense, consider shipping a box of essentials directly to your accommodations.



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SEASON SPECIFIC GEAR

Some needed items vary based on the season of travel. Here are some must haves!

Summer

- 2-3 Bathing suits
- Under 6 mo: Swim rash guard w/ UV protection
- 6 mo +: cute swim trunks or bikini
- Water-resistant diapers
- Babymoov tent
- Toddler towel
- Doona sunshade
- Hat with SPF protection
- Sunscreen
- Sunglasses
- Stroller fan



Winter

- Hat
- Booties
- Gloves (*they will never stay on but you can try!*)
- Snow suit (*hand and foot covers are a must!*)
- Stroller footmuff attachment
- Sweater/ fleece layer (*1 per day*)

*Here's to the road less traveled and the stories yet to be told...
keep wandering!*